



# FLORENCE MELLY COMMUNITY PRIMARY SCHOOL

## REMOTE LEARNING ACTIVITIES

IF YOU CAN DREAM IT, YOU CAN DO IT!



Year Group: 5

Date: Friday 12<sup>th</sup> February 2021

# FEEL GOOD FRIDAY!

## Feel Good

### Non-Screen Tasks

It's time to put the screen down and complete as many of these activities as you can today!



Activities   More Activities   Even More Activities



*unplugged*

## Feel Good

### Family Fun

Spending time with the family is always important in life. Find time to complete as many of the activities on the list below!

#### FAMILY FUN IDEAS

Perhaps you could take photos participating in activities with your family and add them to a family photo album!



*family IS FOREVER*

## Feel Good

### The Great Outdoors

There are plenty of things to do outside and away from the screen. Just remember to wrap up warm!

#### YOU COULD:

- Winter Walk   Stargaze   Winter Picnic
- Wildlife Watch   Go on a Bike Ride
- Feed the Ducks/Birds   Climb Trees
- Scavenger Hunt   Draw a picture
- Minibeast Hunt



### LOOKING AFTER YOURSELF!

When you are feeling down, there are always things to make you happy and boost your mood. Create your own A-Z of coping skills. Look at the example [here](#), then complete your own. Use this [template](#) to support you!



### GET CREATIVE!

#### The Amazing Amazon

Explore the Amazon by creating your very own rainforest in a box. You will find the instructions [here](#). Remember to get as creative as possible! This project might take you all week but the main thing is to have fun. You may even use things from your local park!



### SPRINGS AND TAPES

#### Get Active

Check out the two awesome 'Would You Rather?' PE activities for you to participate in!

- Would You Rather 1?
- Would You Rather 2?



### UP FOR THE CHALLENGE?

Think you've got the skills to pull off one, or even all, of these home challenges? 😎



#### HOME CHALLENGE

Don't forget to send your videos in! Why not have a go at Origami? Learn how to fold an [Origami Snake](#).

"Trust in me!"

